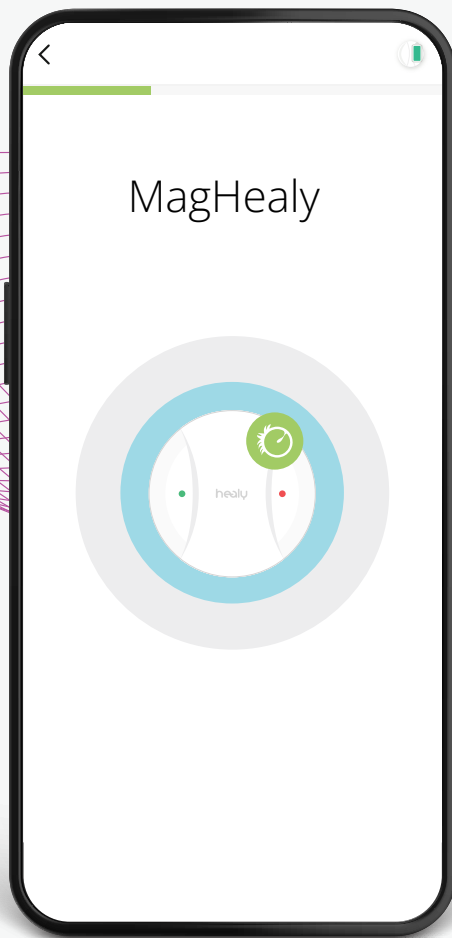


MagHealy App Guide

Magnetic Field Applications

Information Material for MagHealy Users



Frequencies for Your Life

www.healy.world

MagHealy App Guide



Notice:

"Quantum Analyzed Frequencies" ("QAF") is a proprietary technology of Healy World. It uses the data from a physical noise generator to assign a priority to frequencies that professional user experience indicates have the highest relevance for the user. The duration, frequencies, intensity, frequency, naming, and the descriptions of the Quantum Analyzed Frequencies (QAF) programs are based on the practical experience experts and our understanding of the interaction of frequency modulated magnetic fields with the Bioenergetic Field. They have not been confirmed by independent studies.

The MagHealy Quantum Analyzed Frequencies (QAF) programs are designed to support wellbeing through harmonization of the Bioenergetic Field. We have conducted unblinded before/after surveys in controlled and randomized groups of participants. These surveys suggest that the participants' wellbeing was higher after the application. We attribute this to the harmonization of the Bioenergetic Field, which we refer to as the energy flow of life, traditionally also called chi (or qi) and prana. This has not been confirmed by independent studies.

The magnetic field programs of the MagHealy device are not medical applications. They are not intended to cure, treat, mitigate, diagnose, or prevent any disease or medical condition. The terms used in the programs do not constitute statements concerning their effects. The purpose of the programs is to provide the user with a tool to explore application options. MagHealy programs should not be treated as a substitute for professional medical advice, diagnosis or treatment. You should always seek such advice from a qualified medical professional. If you have or suspect you may have a medical condition, or if you are under the care of a healthcare practitioner, you should consult your practitioner before using MagHealy. Always use your MagHealy according to the Instructions for Use.

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Foreword

This document will guide you through the magnetic field applications with the Healy App that you can use with your MagHealy device in order to promote important areas of wellbeing in both the bodily as well as the emotional realm. It explains the basics of magnetic field application and introduces the individual programs in the various MagHealy applications.



Please be sure to also read the Online Instructions for Use of your MagHealy device. It contains important Safety Notes as well as instructions for properly operating, cleaning and storing your MagHealy device.

We hope that you will enjoy MagHealy and experience increased wellbeing!





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1. MagHealy Applications

On the following pages you will find all MagHealy applications that use the effects of magnetic fields and Quantum Analyzed Frequencies (QAF)¹.

1.1 MagHealy Classic Application

The MagHealy Classic programs provide the effects of magnetic field application. They are enhanced with Healy technology and use Quantum Analyzed Frequencies (QAF) that are determined by the proprietary Healy biofeedback process recently patented in Europe (EU patent number: 3638360).

Order No.	Program name	Technology	Duration	Frequency	Intensity
1	Cell Harmony	QAF	36 min	1 x Daily	70 – 100 %
2	Regeneration	QAF	36 min	1 x Daily	70 – 100 %
3	Vitality	QAF	36 min	1 x Daily	5 – 15 %
4	Head Harmony	QAF	36 min	1 x Daily	5 – 15 %
5	Joints	QAF	36 min	1 x Daily	20 – 50 %
6	Tiredness	QAF	36 min	1 x Daily	20 – 50 %
7	Sleep	QAF	36 min	1 x Daily	70 – 100 %
8	Balance Body	QAF	36 min	1 x Daily	50 – 70 %
9	Energy Circulation	QAF	36 min	1 x Daily	70 – 100 %
10	Positive Mood	QAF	36 min	1 x Daily	5 – 15 %
11	Earth	QAF	36 min	1 x Daily	20 – 50 %
12	Spherics	QAF	30 min	1 x Daily	70 – 100 %
13	Pressure	QAF	36 min	1 x Daily	5 – 15 %
14	Sound of Silence	QAF	39 min	1 x Daily	5 – 15 %

Program name	Description
Cell Harmony	Harmonization of the Bioenergetic Field of the cells with resonance frequencies.
Regeneration	Regeneration of the Bioenergetic Field of Body, Mind and Spirit.
Vitality	Restoration of the vitality of the Bioenergetic Field.
Head Harmony	Harmonization of the Bioenergetic Field of the head.
Joints	Harmonization of the Bioenergetic Field of the joints.
Tiredness	Energization of the Bioenergetic Field in case of fatigue.

1) "Quantum Analyzed Frequencies" ("QAF") is a proprietary technology of Healy World. It uses the data from a physical noise source to assign a priority to frequencies that our experience shows have the highest relevance for the user.



Program name	Description
Sleep	Harmonization of the Bioenergetic Field during sleep.
Balance Body	Harmonization of the Bioenergetic Field of the whole being.
Energy Circulation	Harmonization of the circulation of bioenergetic energies.
Positive Mood	Frequencies to harmonize your mood when you are out of emotional balance
Earth	Connect yourself with the frequencies of Mother Earth
Spherics	Harmonize yourself with the frequencies of the earth's atmosphere
Pressure	Free yourself from external and internal pressure
Sound of Silence	Most suitable for people experiencing auditory disharmony

1.2 MagHealy Water Application

The MagHealy Water application contains different programs for informing drinking water with QAF (Quantum Analyzed Frequencies) magnetic fields emitted by MagHealy, so humans can ingest energy and information (Possible support also for animals or plants).

We understand water as the material form of the Information Field, consisting of molecules that are electric dipoles and contain all the information on which life is based. According to our understanding, it has a very specific frequency spectrum that made the development of life on this planet possible in the first place!

Order No.	Program name	Technology	Duration	Frequency	Intensity
1	Fitness	QAF	10 min	1 x Daily	100 %
2	Cell Harmony	QAF	10 min	1 x Daily	100 %
3	Nutrition Transport	QAF	10 min	1 x Daily	100 %
4	Kidney Harmony	QAF	10 min	1 x Daily	100 %
5	Vagus Harmony	QAF	10 min	1 x Daily	100 %
6	Skin Harmony	QAF	10 min	1 x Daily	100 %
7	Energy Circulation local	QAF	10 min	1 x Daily	100 %
8	Energy Circulation systemic	QAF	10 min	1 x Daily	100 %
9	Bioenergetic Regeneration	QAF	10 min	1 x Daily	100 %
10	Fasting Morning	QAF	10 min	1 x Daily	100 %
11	Fasting Noon	QAF	10 min	1 x Daily	100 %
12	Fasting Evening	QAF	10 min	1 x Daily	100 %
13	Energy	QAF	10 min	1 x Daily	100 %
14	Mental Clarity	QAF	10 min	1 x Daily	100 %
15	Heart Opening	QAF	10 min	1 x Daily	100 %



Order No.	Program name	Technology	Duration	Frequency	Intensity
16	Water Coherence	QAF	10 min	1 x Daily	100 %
17	Purification negative Info	QAF	10 min	1 x Daily	100 %
18	Bioenergetic Detox	QAF	10 min	1 x Daily	100 %
19	Before Stress	QAF	10 min	1 x Daily	100 %
20	After Stress	QAF	10 min	1 x Daily	100 %
21	Bioenergetic Defense	QAF	10 min	1 x Daily	100 %
22	Unpleasant Sensations	QAF	10 min	1 x Daily	100 %
23	Sleep	QAF	10 min	1 x Daily	100 %
24	Plants	QAF	10 min	1 x Daily	100 %

Program name	Description
Fitness	Modifying the coherent quantum structure of water to harmonize the Bioenergetic Field of the muscles.
Cell Harmony	Modifying the coherent quantum structure of water to harmonize the Bioenergetic Field of the cells.
Nutrition Transport	Modifying the coherent quantum structure of water to harmonize the Bioenergetic Field for an optimal environment for nutrient transport.
Kidney Harmony	Modifying the coherent quantum structure of water to harmonize the Bioenergetic Field for water regulation.
Vagus Harmony	Modifying the coherent quantum structure of water to harmonize the natural coherence of water.
Skin Harmony	Modifying the coherent quantum structure of water to harmonize the Bioenergetic Field of the skin for optimized water distribution and transport. Bring your inner beauty to the outside supported through improved hydration.
Energy Circulation local	Modifying the coherent quantum structure of water to harmonize the local energy circulation of the Bioenergetic Field.
Energy Circulation systemic	Modifying the coherent quantum structure of water to harmonize the whole energy circulation of the Bioenergetic Field.
Bioenergetic Regeneration	Modifying the coherent quantum structure of water to harmonize the rebalancing and regeneration of the Bioenergetic Field.
Fasting Morning	Modifying the coherent quantum structure of water to harmonize the Bioenergetic Field during morning fasting.
Fasting Noon	Modifying the coherent quantum structure of water to harmonize the Bioenergetic Field during midday fasting.
Fasting Evening	Modifying the coherent quantum structure of water to harmonize the Bioenergetic Field during evening fasting.
Energy	Modifying the coherent quantum structure of water to harmonize the Bioenergetic Field of the mitochondria.



Program name	Description
Mental Clarity	Modifying the coherent quantum structure of water to harmonize the Bioenergetic Field for optimized clarity.
Heart Opening	Modifying the coherent quantum structure of water to harmonize the Bioenergetic Field for openness towards social relationships.
Water Coherence	Modifying the coherent quantum structure of water to harmonize the natural coherence of water.
Purification negative Info	Modifying the coherent quantum structure of water to harmonize and purify its information.
Bioenergetic Detox	Modifying the coherent quantum structure of water to promote the cleansing of the Bioenergetic Field.
Before Stress	Modifying the coherent quantum structure of water to harmonize and prepare the Bioenergetic Field for psychological stress.
After Stress	Modifying the coherent quantum structure of water to harmonize and balance the Bioenergetic Field after stressful events.
Bioenergetic Defense	Modifying the coherent quantum structure of water to harmonize and strengthen the Bioenergetic Field.
Unpleasant Sensations	Modifying the coherent quantum structure of water to harmonize sensations in the Bioenergetic Field and balance mood.
Sleep	Modifying the coherent quantum structure of water to harmonize the Bioenergetic Field for peaceful sleep. The ideal time is before 6 o'clock in the evening.
Plants	Modifying the coherent quantum structure of water to harmonize the Bioenergetic Field of plants for improved water distribution and transport.

1.3 MagHealy Atmosphere Application

The MagHealy Atmosphere programs create a pulsating magnetic field that extends up to one and a half meters or five feet across the room. The Atmosphere programs are acting through the atmosphere, through space.

Order No.	Program name	Technology	Duration	Frequency	Intensity
1	Study	QAF	∞	1 x Daily	30 – 100 %
2	Creativity	QAF	∞	1 x Daily	30 – 100 %
3	Office	QAF	∞	1 x Daily	30 – 100 %
4	Prosperity	QAF	∞	1 x Daily	30 – 100 %
5	Car	QAF	∞	1 x Daily	30 – 100 %
6	Workout	QAF	∞	1 x Daily	30 – 100 %
7	Family Harmony	QAF	∞	1 x Daily	30 – 100 %
8	Children Playing	QAF	∞	1 x Daily	30 – 100 %
9	Eating	QAF	∞	1 x Daily	30 – 100 %



Order No.	Program name	Technology	Duration	Frequency	Intensity
10	Food Cleansing	QAF	∞	1 x Daily	30 – 100 %
11	Kitchen	QAF	∞	1 x Daily	30 – 100 %
12	Pantry	QAF	∞	1 x Daily	30 – 100 %
13	Stress	QAF	∞	1 x Daily	30 – 100 %
14	Coherence	QAF	∞	1 x Daily	30 – 100 %
15	Energy	QAF	∞	1 x Daily	30 – 100 %
16	Relaxation	QAF	∞	1 x Daily	30 – 100 %
17	Holistic Health	QAF	∞	1 x Daily	30 – 100 %
18	Sleep	QAF	∞	1 x Daily	30 – 100 %
19	Electrosensitivity	QAF	∞	1 x Daily	30 – 100 %
20	Energy Clearing	QAF	∞	1 x Daily	30 – 100 %
21	Chakra Balancing	QAF	∞	1 x Daily	30 – 100 %
22	Relationship	QAF	∞	1 x Daily	30 – 100 %
23	Animal Harmony	QAF	∞	1 x Daily	30 – 100 %
24	Plants	QAF	∞	1 x Daily	30 – 100 %

Program name	Description
Study	Designed to generate an energetic space that promotes concentration and learning.
Creativity	Supports the right environment for creative thoughts and ideas by harmonizing the energetic field.
Office	Designed to create an optimal environment in your workspace that promotes performance, teamwork and focus.
Prosperity	Energetic improvement of the space to create the right environment for financial and professional activities.
Car	Optimizing the energetic field inside a car while driving.
Workout	Harmonizing the surrounding space to create an energetic field for your workout.
Family Harmony	Harmonization of the living space to support a positive energetic environment for the whole family.
Children Playing	Harmonizing the surrounding space of children to optimize their energetic wellbeing during play.
Eating	Creating a positive energetic field for nourishment.
Food Cleansing	Harmonization of the energetic memory of the Bioenergetic Field of food.
Kitchen	Creates an optimal atmosphere to promote a positive mindset and emotional state to prepare food with a high energy.
Pantry	Harmonizing space around your food to create a positive environment for storing.



Program name	Description
Stress	Harmonization of inner expectations and outer reality through energetic balancing of the surrounding space.
Coherence	Promotion of the sense of holistic wellbeing by energetic coherence in the surrounding space.
Energy	Creation of an energized space through energetic harmonization of the surrounding space.
Relaxation	Energetic harmonization of the space to improve coping with daily input while practicing your chosen relaxation method.
Holistic Health	Promotes a sense of unity and coherence of body, mind and soul, to support an all inclusive wellbeing and vitality.
Sleep	Placed in the area where you sleep, harmonizes yin and yang to promote balance while you sleep.
Electrosensitivity	Energetic harmonization of the space to balance electromagnetic disturbances.
Energy Clearing	Harmonization of the energetic memory of the space to balance negative frequencies.
Chakra Balancing	Harmonization of the space to balance the whole chakra system of your energetic body especially during meditation.
Relationship	Carefully balancing the surrounding space to energetically favor loving relationships.
Animal Harmony	Optimization of the space to support a positive energetic field for animal balance.
Plants	Balancing the space to promote an positive energetic growth environment.

Based on our before/after wellbeing surveys in the context of a controlled random group of MagHealy/Healy users, which were not blinded, which indicated that users felt better after use, we have concluded that the use of MagHealy can promote a harmonious working atmosphere for you and may also influence your family life for the better. Our users' experience indicates that the Atmosphere applications may foster clarity and understanding, creativity and focus for everyone in the room.

MagHealy is designed to extend the capabilities and options of Healy technology: The original Healy device, attached close to the body, sends frequencies directly through the body, whereas MagHealy acts through space by emitting magnetic fields modulated with Quantum Analyzed Frequencies (QAF).

1.4 MagHealy McMakin Application

Using two times three layers of magnetic fields to create interference of two different concurrent frequencies is what we call the MagHealy McMakin application, named after Carolyn McMakin D.C., the American teacher, researcher and pioneer of interfering dual frequency applications.

The MagHealy McMakin programs use specific frequency pairs targeted towards harmonizing the Bioenergetic Field. In each frequency pair, the first frequency relates to the type of imbalance while the second frequency defines the target location in the Bioenergetic Field, e.g., the Bioenergetic Field of the liver. Each of the 24 McMakin programs contains a complex sequence of such pairs.

Order No.	Program name	Technology	Duration	Frequency	Intensity
1	Body Comfort	FSMF	63 min	1 x Daily	20 – 100 %
2	Skin Harmony	FSMF	39 min	1 x Daily	20 – 100 %
3	Prostate Harmony	FSMF	44 min	1 x Daily	20 – 100 %



Order No.	Program name	Technology	Duration	Frequency	Intensity
4	Soft Tissue	FSMF	63 min	1 x Daily	20 – 100 %
5	Soft Tissue wk 1-4	FSMF	49 min	1 x Daily	20 – 100 %
6	After Exercise	FSMF	30 min	1 x Daily	20 – 100 %
7	Neck Harmony	FSMF	43 min	1 x Daily	20 – 100 %
8	Joint	FSMF	53 min	1 x Daily	20 – 100 %
9	Joint Balance	FSMF	76 min	1 x Daily	20 – 100 %
10	Tendon Harmony	FSMF	60 min	1 x Daily	20 – 100 %
11	Lower Back Harmony	FSMF	48 min	1 x Daily	20 – 100 %
12	Foot Harmony	FSMF	43 min	1 x Daily	20 – 100 %
13	Sleep	FSMF	35 min	1 x Daily	20 – 100 %
14	Brain Harmony	FSMF	29 min	1 x Daily	20 – 100 %
15	Nerve Harmony	FSMF	54 min	1 x Daily	20 – 100 %
16	Emotions	FSMF	30 min	1 x Daily	20 – 100 %
17	Thalamus Harmony	FSMF	56 min	1 x Daily	20 – 100 %
18	Vagus Harmony	FSMF	43 min	1 x Daily	20 – 100 %
19	Detox	FSMF	37 min	1 x Daily	20 – 100 %
20	Kidney Harmony	FSMF	92 min	1 x Daily	20 – 100 %
21	Digestion Harmony	FSMF	59 min	1 x Daily	20 – 100 %
22	Women Care	FSMF	29 min	1 x Daily	20 – 100 %
23	Ovary Harmony	FSMF	35 min	1 x Daily	20 – 100 %
24	Sinuses Harmony	FSMF	38 min	1 x Daily	20 – 100 %

FSMF = Frequency Specific Magnetic Field

Program name	Description
Body Comfort	Harmonization of the Bioenergetic Field of the spinal cord.
Skin Harmony	Harmonization of the Bioenergetic Field of the skin for energetic regeneration.
Prostate Harmony	Harmonization of the Bioenergetic Field of the prostate..
Soft Tissue	Harmonization of the Bioenergetic Field of soft tissue for regeneration.
Soft Tissue wk 1-4	Harmonization of the Bioenergetic Field of soft tissue for regeneration. Recommended in week 1-4 after bioenergetic event.
After Exercise	Harmonization of the Bioenergetic Field of the muscles. Recommended within 20 minutes after exercise.
Neck Harmony	Harmonization of the Bioenergetic Field of the musculoskeletal system.

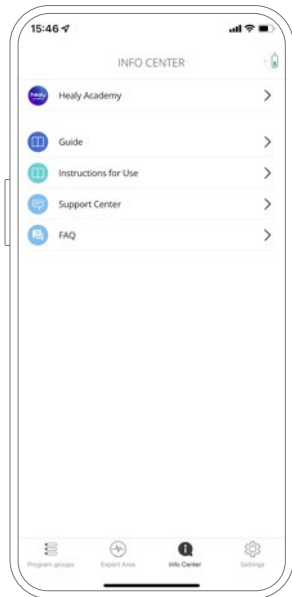


Program name	Description
Joint	Harmonization of the Bioenergetic Field of the musculoskeletal system.
Joint Balance	Harmonization of the Bioenergetic Field of the joint for regeneration.
Tendon Harmony	Harmonization of the Bioenergetic Field of the tendon for regeneration.
Lower Back Harmony	Harmonization of the Bioenergetic Field of the musculoskeletal system.
Foot Harmony	Harmonization of the Bioenergetic Field of the soft tissue.
Sleep	Harmonization of negative influences on sleep quality.
Brain Harmony	For harmonizing consciousness, strengthening the sense of coherence and harmonizing bioenergetic traumas.
Nerve Harmony	Harmonization of the Bioenergetic Field for soothing.
Emotions	Harmonization of the Bioenergetic Field to balance emotions in case of stress.
Thalamus Harmony	Harmonization of the Bioenergetic Field of the thalamus to balance sensitization.
Vagus Harmony	Harmonization of the Bioenergetic Field to support energetic relaxation and regeneration.
Detox	Harmonization of the Bioenergetic Field of the liver.
Kidney Harmony	Harmonization of the Bioenergetic Field of the kidney.
Digestion Harmony	Energetic harmonization of metabolic activity of the Bioenergetic Field of the digestive system.
Women Care	Harmonization of the Bioenergetic Field for women.
Ovary Harmony	Harmonization of energetic interferences in the Bioenergetic Field of the ovary.
Sinuses Harmony	Harmonization of the Bioenergetic Field of the sinuses to balance energetic disturbances.

2. Additional App Functions

2.1 Info Center

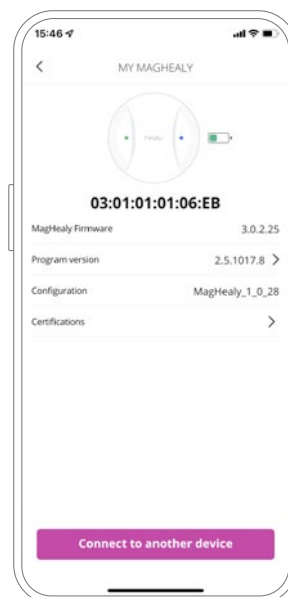
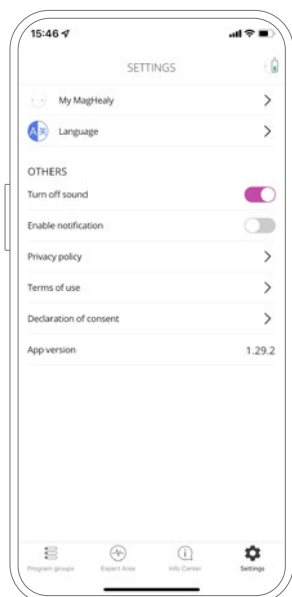
The Info Center menu contains all the relevant information about your MagHealy and offers you additional support options.



2.2 Settings

In the Settings menu you can find all the information about the app and your MagHealy device and customize the app configuration.

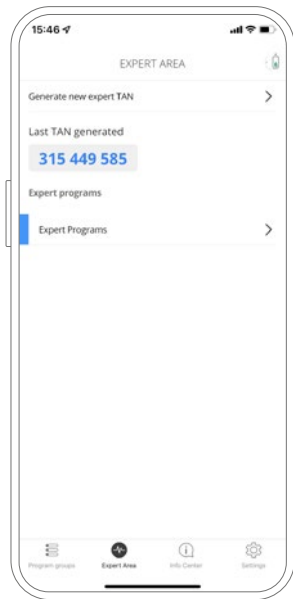
When you click on “My MagHealy”, you can update the firmware of your device, update the configuration of your programs and connect to another device.





2.3 Expert Area

In the Expert Area you can generate a unique TAN for your app in the HealAdvisor Cloud and share it with an expert user. With the expert TAN, an expert can transfer individual programs from their professional system to your Expert Programs page or delete programs that have already been transferred.





Frequencies for Your Life

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